Indigenous Regenerative Intelligence

Soil Life Farming
Healing the Soil
Healing the Soul

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“Just now
A rock took fright
When it saw me.
It escaped
By playing dead.”

-Norbert Mayer
Mechanical/Industrial
Conventional Farming
Mindset ("I think therefore I 'am")
• Nature is to be controlled
• Time is linear
• Currency Based Economy
• Food as a commodity
• Chemistry Based
• Production Heavy
• Substantial Inputs
• Dense Disturbance

Organic/Indigenous
Mindset (All things are sacred)
• Nature to be respected and copied.
• Time is circular
• Regenerative Economy
• Food as Medicine
• Biology Based
• Low inputs
• Minimal Disturbance
Re-indigenizing and Decolonizing ourselves and our soil.

• The purpose of gaining this subtle edge in our southwestern environment is necessary because of the delicate nature of our soil and our limited access to water.

• Maximizing soil productivity is not the main reason for growing produce. Indigenous farmers of the past were concerned primarily about the relationships and the cycles mother nature had established through eons.

• It involves indigenous knowledge and application by copying nature and the patterns seen through the cosmological lens. Mimic nature.

• Moving away from competition and production as the primary goal towards co-operation and relationships, to Honor and co-exist.

• Producing crops not in quantity but quality.

• Helping mother earth regain the balance with our help.
Native Cosmology – connects us to the land, focuses our energy.

- Water is Sacred – Father Sky
- Holding Soil Sacred - Mother Earth
- Reconnection with microbes - Kinship
- Honoring Microbes
- Poly Culture – Maximize Diversity
- Mimic Nature with Animals; adjusting the patterns
Nutrient Cycling

Waste from microbes break down the nutrients in a form that the plant can absorb.

Creates healthier, increased nutrient dense food
Regenerative Agriculture – Carbon Farming and Carbon Drawdown

• Putting carbon back into the soil or leaving carbon in the soil for the biology to do its work for optimizing nutrient cycling and nutrient retention.

• To view soil as a living environment for microbes to multiply and flourish. It assumes as farmers we take soil that is depleted by industrial farming and move towards a more dynamic flow of taking carbon out of the atmosphere and putting it back into the soil through plant growth.

• Leaving soil in much better condition through regenerative perspective, practice and compost amendments.
Identify with our Native Cosmology

It is time for our world view to capture the last remaining minutes before our complete destruction of mother earth and father sky. The indigenous cosmology, a way of life, is migrating back to ancient spiritual pathways for Native growers to reimagine their history as their framework for their future.

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